



# Safety Training Source

COURSE CATALOG – APRIL 2018

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# Table of Contents

Accident Investigation - CLMI (Streaming Video).....	5	Construction Safety Orientation.....	7
Accident Investigation for Healthcare (Streaming Video).....	5	Container Labeling.....	7
Aerial Lift Safety.....	5	Crane Safety: Mobile Cranes.....	7
Air Emissions.....	5	Crane Safety: Pendant Controlled Cranes.....	7
Ammonia Safety.....	5	Cut Protection - CLMI (Streaming Video).....	7
Are You Listening, Jim? - CLMI (Streaming Video).....	5	Decision Driving®.....	7
Asbestos 3-Part Series (Streaming Video).....	5	Decontamination Zone.....	7
Asbestos Awareness.....	5	Defensive Driving: Cargo Vans - CLMI (Streaming Video).....	7
Asbestos Awareness (Streaming Video).....	5	Defensive Driving: I Could See It Coming - CLMI (Streaming Video).....	8
Asbestos Maintenance (Streaming Video).....	5	Defensive Driving: Step Vans - CLMI (Streaming Video).....	8
Asbestos: Understanding the Hazards (Streaming Video).....	5	Defensive Driving: Why Do We Drive the Way We Do? - CLMI (Streaming Video).....	8
Back Injury Prevention.....	5	Disaster Readiness.....	8
Basics of Ergonomics - CLMI (Streaming Video).....	6	Distracted Driving: Dangers of Technology.....	8
Benzene Safety.....	6	DOT/CSA: Profiled in Safety.....	8
Bloodborne Pathogens.....	6	DOT: Driver Logs.....	8
Bloodborne Pathogens for Healthcare (Streaming Video).....	6	DOT: Driver Qualifications.....	8
Bloodborne Pathogens: Always Protect Yourself - CLMI (Streaming Video).....	6	DOT: Driver Wellness.....	8
Compressed Gas Cylinders.....	6	DOT: Drug & Alcohol Testing.....	8
Concrete & Masonry: Construction.....	6	2-Part Series.....	8
Confined Space Entry 2-Part Series.....	6	DOT: Drug & Alcohol Testing – Employee.....	8
Confined Space Entry: Emergency Rescue.....	6	DOT: Drug & Alcohol Testing – Supervisor.....	8
Confined Space Entry: Permit Required.....	6	DOT: Pre & Post Trip Inspection.....	8
Confined Space Entry V2.....	6	Driver Awareness: 15-Passenger Van Safety.....	8
Confined Space Entry: A Deadly Situation - CLMI (Streaming Video).....	6	Drug Testing Awareness.....	9
Confined Spaces: Construction Site Safety.....	7	Effective Safety Committees - CLMI (Streaming Video).....	9
Confined Spaces: The Hidden Threat.....	7	Electrical Safety.....	9
Construction Fall Protection - CLMI (Streaming Video).....	7	Electrical Safety Part 2 – Construction.....	9
Construction Fall Protection: We All Win (Streaming Video).....	7	Electrical Safety: Shock Proof – 2 Part Series.....	9
		Part 1 – Unqualified Employees.....	9



# Safety Training Source - Course Descriptions

Part 2 – Qualified Employees.....9	Formaldehyde Safety ..... 11
Electrical Safety: What Everyone Should Know - CLMI (Streaming Video) .....9	GHS: Chemical Labeling & Classification..... 12
Elements of an Ergonomics Program - CLMI (Streaming Video) .....9	HACCP: Food Hazard Prevention ..... 12
Elements of Back Care - CLMI (Streaming Video).....9	Hand & Power Tools Safety: Construction..... 12
Emergency Preparedness - CLMI (Streaming Video).....9	Hand Safety..... 12
Employee Safety Orientation.....9	Handle with Care: Forklift Safety Training - CLMI (Streaming Video)..... 12
Employee Safety Orientation - CLMI (Streaming Video).....9	Hazard Communication: Erase the Mystery ..... 12
Energized Electrical Work Permit.....9	Hazard Communication: Your Key to Chemical Safety - CLMI (Streaming Video)..... 12
Environmental Awareness..... 10	Hazard Recognition..... 12
Ergonomic Management Series – 4 Part Series..... 10	Hazardous Materials Transportation (HMT) – 7 Part Series... 12
Ergonomics for the Mobile Worker - CLMI (Streaming Video) 10	Hazardous Waste..... 13
Excavations, Trenching, & Shoring ..... 10	HAZWOPER..... 13
Eye Protection - CLMI (Streaming Video)..... 10	Hearing Safety..... 13
Eye Safety..... 10	Heat Stress..... 13
Eye Safety: Focused On Protection ..... 10	Hexavalent Chromium..... 13
Fall Protection..... 10	Hoists & Slings..... 13
Fall Protection Part 2 Construction..... 10	Hot Work Permit..... 13
Fire Extinguishers: Ready to Respond - CLMI (Streaming Video)..... 10	Housekeeping – CLMI (Streaming Video)..... 13
Fire Protection & Prevention V2..... 10	Hydrogen Sulfide Safety..... 13
First Aid Awareness..... 11	Incident Investigation..... 13
First Responder (Awareness Level) Training Program ..... 11	Industrial Ergonomics..... 13
Flammable Liquids: Know Your Risk ..... 11	Introduction to OSHA..... 14
Food Allergens Preventing Cross-Contamination..... 11	It's Good Business: A Supervisors Guide to Defensive Driving - CLMI (Streaming Video)..... 14
Food Manufacturing: Contamination ..... 11	Lab Safety..... 14
Food Manufacturing: Microbiology for Dairy..... 11	Ladder Safety..... 14
Food Manufacturing: Quality Assurance..... 11	Laser Safety..... 14
Food Manufacturing: Sanitation..... 11	Lead Safety..... 14
Food Manufacturing: Site Security..... 11	Leadership Skills for Safety..... 14
Food Manufacturing: Traceability Management ..... 11	Lockout/Tagout..... 14
Forklift Safety..... 11	Lockout/Tagout: Affected Employees - CLMI (Streaming Video) ..... 14



# Safety Training Source - Course Descriptions

Lockout/Tagout: Authorized Employees - CLMI (Streaming Video).....	14	Protecting Your Knees - CLMI (Streaming Video).....	17
Machine Safeguarding - CLMI (Streaming Video).....	15	Protecting Your Shoulders - CLMI (Streaming Video).....	17
Maine Security 3.5.....	15	Radiation Safety.....	17
Materials Handling: Construction.....	15	RCRA: Resource Conservation Recovery Act.....	17
Muscle Strains & Sprains.....	15	Reach Truck Operator Safety - CLMI (Streaming Video).....	17
Musculoskeletal Disorders: What You Need to Know - CLMI (Streaming Video).....	15	Reach Truck Safety - CLMI (Streaming Video).....	17
Needlesticks: Avoiding Exposure (Streaming Video).....	15	Respiratory Protection: Air Purifying Respirators.....	17
NFPA 70E: Arc Flash and Arc Blast Protection.....	15	Respiratory Protection: Air Supplying Respirators.....	17
Office Ergonomics Today.....	15	Respiratory Protection: Your Guide to Clean Breathing - CLMI (Streaming Video).....	18
Office Safety.....	15	Rigging Safety.....	18
Off-The-Job Safety: Fun in the Sun.....	15	Road Rage.....	18
On the Level: Walking and Working Surfaces Safety.....	15	Safe Behavior: No Regrets.....	18
Order Picker Operator Safety - CLMI (Streaming Video).....	15	Safety Attitude for Safety's Sake.....	18
Order Picker Safety - CLMI (Streaming Video).....	15	Safety Awareness: Attention to Detail.....	18
OSHA Recordkeeping.....	16	Safety Orientation.....	18
Overhead Crane Safety - CLMI (Streaming Video).....	16	Safety Program Management - CLMI (Streaming Video).....	18
PACE Behavioral Driving: Large Vehicles.....	16	Scaffolding Safety.....	18
PACE Behavioral Driving: Light Vehicles.....	16	Sexual Harassment – 2 Part Series.....	18
Patient Lifting & Transfer (Streaming Video).....	16	2-Part Series.....	18
Personal Protective Equipment.....	16	Part 1 – Understanding & Preventing Sexual Harassment.....	18
Personal Protective Equipment - CLMI (Streaming Video).....	16	Part 2 – What Supervisors Need to Know.....	18
Personal Protective Equipment: Your Final Defense - CLMI (Streaming Video).....	16	Silica Safety Awareness.....	18
Pipeline Safety.....	16	Site Security: What You Need to Know.....	19
Power Press Safety.....	16	Slips, Trips, & Falls.....	19
Powered Pallet Jack Operator Safety - CLMI (Streaming Video).....	16	Small Spill Clean-Up.....	19
PPE: Armed for Safety.....	17	Stairways and Ladders: Construction.....	19
Preventing Hand Injuries - CLMI (Streaming Video).....	17	Static Electricity.....	19
Preventing Spills.....	17	Steel Erection: Construction.....	19
Process Safety Management.....	17	Stormwater Management.....	19
Protecting Your Back - CLMI (Streaming Video).....	17	Street Smart: Driving Skills.....	19



# Safety Training Source - Course Descriptions

The Globally Harmonized System (GHS): Labels and Safety Data Sheets - CLMI (Streaming Video).....	19	Welding Safety: Construction.....	20
Transportation of Dangerous Goods.....	19	WHMIS.....	20
TSCA (Toxic Substances Control Act).....	19	Workforce Hazard Recognition: Identify & Eliminate.....	20
Tuberculosis Awareness.....	19	Workplace Violence: Prevent the Threat.....	20
Utility Knife Safety - CLMI (Streaming Video).....	20	Zika Virus: Prevent the Infection.....	20
Valve Safety.....	20		

Safety National has partnered with Health and Safety Institute (HSI)/Summit Training to offer our clients with safety training via our web based training resource Safety Training Source.

**Learning Management System:** Safety Training Source is a learning management resource that provides our policyholders with online safety training courses. Administrators can set their organization’s structure, add/delete students, assign courses and run usage reports. The LMS is powered by OTIS Learning Management system.

**More than 200 courses to choose from:** Our policyholders can choose from over 200 safety training courses to assist in their loss prevention program. Topics include Accident Investigation, Back Safety, Driver Safety, Ergonomics, Fire Safety and more. Most of the courses are interactive, however some are simply streaming video courses accompanied by a quiz: their titles are marked as such: **(Streaming Video)**.



# Safety Training Source - Course Descriptions

## Accident Investigation - CLMI (Streaming Video)

No workplace is exempt from accidents. And since you can't guarantee an accident will never take place in your workplace, it is important to know how to properly handle accidents when they occur. This program is designed to equip you with the information you need to understand why accidents occur in your workplace and how to avoid similar occurrences in the future.

### YOU WILL LEARN:

- The Steps in the Accident Investigation Process
- Techniques for Collecting the Facts
- How to Review the Facts to Find the Cause
- How to Implement Corrective Measures
- The Correct Way to Document Findings and Actions
- The Importance of Following-Up on Accidents

## Accident Investigation for Healthcare (Streaming Video)

When working in a medical environment, there are a number of specific hazards that can lead to accidents or injuries. Accidents can happen anywhere at any time, so it's important to be well prepared to handle these potentially difficult situations. This program covers:

- When to investigate
- Reviewing records
- The accident scene
- Analyzing information
- Interviewing witnesses
- Communicating recommendations

## Aerial Lift Safety

Addresses OSHA 29 CFR 1910.67 and ANSI A92.6

Summit's online Aerial Lift Safety program teaches workers the hazards of working in aerial lifts including contact with electrical wires, falls, and falling objects. This program covers:

- Overview of protective systems
- Best safety practices
- Regulatory requirements

Available in [Construction](#) format

## Air Emissions

Summit's online Air Emissions training program clearly defines specific environmental regulations pertaining to emissions. Ideal for all employees who operate equipment or processes that can effect emissions, this dynamic program covers:

- Definition of air emissions
- The broad impact regulations have on a facility
- Measures employees can take to help ensure environmental compliance

## Ammonia Safety

Addresses OSHA 29 CFR 1910.111

Ensure your workers understand that at high levels, ammonia has the potential to become an injury or accident source at your site. Summit's program, Ammonia Safety, will dynamically teach your workers how to maintain a safe work environment while working around ammonia, by covering:

- Introduction to Ammonia
- The Hazards of Ammonia
- Safe Practices

## Are You Listening, Jim? - CLMI (Streaming Video)

From the award winning producers of Blueprints for Safety, CLMI Safety Training is pleased to announce its latest video training program for hearing conservation "Are You Listening, Jim?"

This program presents the story of one worker's struggle with his own "inner voices" that encourage him to take better care of his hearing. Your workers will understand that it is not just the noise at work that can cause hearing loss, but excessive sound levels off the job as well. The overall message is simple, hearing loss is permanent but preventable and everyone needs to take care of their hearing any time they are exposed to high levels of noise.

Using high end graphic production techniques, creative dialog and compelling visuals, your employees will start "hearing voices" that encourage smart hearing protection choices.

## Asbestos 3-Part Series (Streaming Video)

Addresses OSHA 29 CFR 1910.1001

This 3-part series trains workers on the hazards of exposure and the proper procedures when handling asbestos. The series includes:

- Asbestos Awareness
- Asbestos Maintenance
- Asbestos: Understanding the Hazards

## Asbestos Awareness

Addresses OSHA 29 CFR 1910.1001

This program teaches workers about the potential hazards posed by asbestos-filled materials such as ceiling panels, insulation, and floor tiles, as well as measures to prevent exposure. Asbestos Awareness includes vital information concerning maintenance and janitorial activities where asbestos could be present.

## Asbestos Awareness (Streaming Video)

Addresses OSHA 29 CFR 1910.1001

This course trains workers how to handle asbestos safely. Topics include:

- Demonstrations of asbestos

## Asbestos Maintenance (Streaming Video)

Addresses OSHA 29 CFR 1910.1001

Using scenarios from different building environments, this course teaches janitorial and other maintenance workers protective measures to reduce potential exposure and what to do if asbestos is discovered in the work environment.

## Asbestos: Understanding the Hazards (Streaming Video)

Addresses OSHA 29 CFR 1910.1001

This course trains workers on the potential hazards posed by asbestos-containing materials, such as ceiling panels, insulation and floor tiles, and how to reduce worker exposure.

## Back Injury Prevention

Summit's Back Injury Prevention program teaches proper lifting techniques and important life lessons for maintaining a strong and healthy back. The fundamentals of good stretching and a healthy lifestyle are also covered. The program addresses:

- How the back functions
- Stretching to prevent injury
- Correct lifting and carrying
- How good health reduces chance of injury
- Correct posture techniques

# Safety Training Source - Course Descriptions

## Basics of Ergonomics - CLMI (Streaming Video)

This program contains two modules designed to provide your employees with an understanding of the importance of ergonomic awareness and how to implement an effective ergonomic plan in your company. Module one, "Basics of Ergonomics," provides a general overview of ergonomics.

Module two, "Elements of an Ergonomics Program," delves deeper into the topic and outlines the necessary elements of a successful ergonomic program.

YOU & You Will Learn:

- The Definition of Ergonomics and Musculoskeletal Disorders (MSDs)
- Risk Factors for MSDs
- Important Principles of Ergonomics
- Short- and Long-term Ergonomic Solutions
- How an Ergonomics Team Functions

## Benzene Safety

Addresses OSHA 29 CFR 1910.1028

Use Summit's comprehensive online *Benzene* training program to teach your workers what the hazards of benzene are and how to properly prevent overexposure. This program covers:

- What is benzene
- Health risks
- Safe work practices
- Complying with benzene standards

## Bloodborne Pathogens

Addresses OSHA 29 CFR 1910.1028

Workers in all levels of occupation are at risk of exposure to bloodborne pathogens, including Hepatitis B, Hepatitis C, and HIV/AIDS. Learn about the risks and preventative measures of exposure with Summit's Bloodborne Pathogens: Exposure Prevention. This interactive online course features:

- Understand bloodborne pathogens
- Personal protective equipment
- Best practices
- Exposure procedures
- Modes of transmission

Available in multiple languages

## Bloodborne Pathogens for Healthcare (Streaming Video)

Addresses OSHA 29 CFR 1910.1030

Ensure that personnel in healthcare utilize standard precautions to understand that all blood, body fluids, secretion, excretion (except sweat), non-intact skin, and mucous membranes may contain bloodborne pathogens. This course covers:

- Potential exposure routes
- What to do if exposure occurs
- Diseases that can be transmitted

Available in multiple languages

## Bloodborne Pathogens: Always Protect Yourself - CLMI (Streaming Video)

This program is designed to educate your employees on how to protect themselves from bloodborne pathogens. The training video presents the circumstances of an exposure situation from three perspectives: the victim, the responder and the co-worker. Each tells their story and how it relates to how the viewer needs to protect themselves any time they are potentially exposed to an incident involving blood.

You Will Learn:

- What Bloodborne Pathogens are and how they are transmitted
- Information on Universal Precautions and Personal Protective Equipment

## Compressed Gas Cylinders

Addresses OSHA 29 CFR 1926.350

This highly effective online program dramatically demonstrates how improper handling of cylinders can cause damage and injury.

Summit's Compressed Gas Cylinders online safety program covers:

- Potential hazards
- Proper storage and transportation
- Pre-use inspection and testing
- Best safety practices for handling
- Available in [Construction](#) format

Available in Spanish

## Concrete & Masonry: Construction

Summit's online *Concrete & Masonry* training program teaches your workers to be aware of their surroundings while working, to follow best safety practices, and to wear the proper PPE to protect them from the potential hazards.

- General requirements
- Cast-in-place & pre-cast concrete
- Lift slab operations & masonry construction

## Confined Space Entry 2-Part Series

### Confined Space Entry: Emergency Rescue

Addresses OSHA 29 CFR 1910.146

This thorough review of the typical scenarios that rescue workers may encounter is presented in a media-rich, interactive, online format. Your rescue team and emergency response personnel learn best safety practices and proven procedures to recover injured or incapacitated workers. The program will also teach your workers:

- Rescue pre-planning and training
- Hazards of permit-required spaces
- Proper use of safety and rescue equipment

### Confined Space Entry: Permit Required

Addresses OSHA 29 CFR 1910.146

Use this outstanding program to train your employees on the hazards of working in a confined space and proper entry procedures. Your workers will learn:

- What is a confined space
- Associated hazards
- Proper entry procedures, including permits, monitoring, and PPE
- Associated responsibilities
- Available in multiple languages

Available in [Construction](#) format

### Confined Space Entry V2

Addresses OSHA 29 CFR 1910.146

This course provides workers with the knowledge to work safely within potentially hazardous conditions and teaches best safety practices when working in or near confined spaces. Topics include:

- What is a confined space?
- Proper entry procedures including permits, monitoring and PPE
- Associated hazards and responsibilities

### Confined Space Entry: A Deadly Situation - CLMI (Streaming Video)

Working in spaces such as manholes, tanks, ducts and pits is just a part of the job for the workers in many industries. No matter how familiar employees may be with a space, there will always be risks. The hazards in a confined space can be deadly, but with careful planning, the right equipment and thorough training, the hazards inside a confined space can be controlled.





# Safety Training Source - Course Descriptions

## Confined Spaces: Construction Site Safety

Addresses OSHA 1926 Subpart AA

Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space.

This program covers:

- Confined space hazards
- Preparing a confined space for entry
- Working in a confined space

## Confined Spaces: The Hidden Threat

Addresses OSHA 1910.146

Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space.

This program covers:

- Confined space hazards
- Working in a confined space
- Prepare a confined space for entry

Available in multiple languages

## Construction Fall Protection - CLMI (Streaming Video)

Description currently not available.

## Construction Fall Protection: We All Win (Streaming Video)

This program covers the information that workers need to keep themselves safe while working at heights. The video is a 5-part modular video presentation that can be used to educate both new and experienced workers and covers the following:

- Module 1: Introduction to Fall Protection
- Module 2: Fall Prevention Systems
- Module 3: Personal Fall Arrest Systems
- Module 4: Using Personal Fall Arrest Systems
- Module 5: Rescue

## Construction Safety Orientation

Featuring strategically placed interactions within each of the various lessons, this program will keep the attention and focus of your workers, ensuring retention of vital safety training content. This comprehensive program from Summit thoroughly covers a wide range of best safety practices for construction workers, including:

- PPE
- Hazardous materials safety
- Ladder safety
- Electrical hazards
- Fall prevention
- Housekeeping
- Hazard recognition
- Vehicle traffic
- Hoists and slings
- Excavations
- Scaffolding safety
- Hot work

Available in Spanish

## Container Labeling

Addresses OSHA 29 CFR 1910.1200, ANSI Z129.1-2006 & DOT 49 CFR 172

Easily train all of your workers consistently on this important safety topic with Summit's online Container Labeling course. This program covers:

- Introduction to container labels
- ANSI & DOT labels
- The HMIS label
- The NFPA label

## Crane Safety: Mobile Cranes

Addresses OSHA 29 CFR 1910.179 – Overhead and Gantry Cranes

Different types of mobile cranes are covered, including crawler, locomotive, wheel mounted, and truck mounted. In just five lessons your workers are taught to successfully and safely plan a lift from start to finish, including awareness of site conditions, the type of lifting that needs to be done, crane inspection and set-up, and safe work practices.

This program covers:

- Introduction to cranes
- Safe work practices
- Planning a lift
- Pre-operation setup & inspection

Available in [Construction](#) format

## Crane Safety: Pendant Controlled Cranes

Addresses OSHA 29 CFR 1910.179 – Overhead and Gantry Cranes

This training program covers safe operation procedures and creates an awareness of the hazards and a respect for the potentially catastrophic consequences of crane accidents. In this engaging program, your workers will also learn:

- Selecting, attaching, and removing rigging
- Storing the block and crane
- Begin training today and avoid serious and costly crane mishaps

## Cut Protection - CLMI (Streaming Video)

From a simple scratch to a major laceration requiring surgery, getting cut on the job can happen for many different reasons and the results of those injuries can be life-changing. But recognizing hazards, working smart and wearing the right personal protective equipment, employees can work injury-free.

This program covers how to protect employees from cuts including the types of gloves and other protective gear like sleeves that are available, which gloves and sleeves to choose from, how to select the right glove size and how to take care of this important equipment.

## Decision Driving®

Empower your employees with the 5 principles of Decision Driving® to help them take the decisive actions necessary to drive safely and avoid accidents. Topics include:

- The importance of a positive approach to safe driving
- How to expand your field of vision on the road
- Skills for planning an escape route in the event of an accident
- How to take safe, decisive action behind the wheel

## Decontamination Zone

Addresses OSHA 29 CFR 1910.120

Summit's comprehensive *Decontamination* online program covers decontamination procedures and stresses the importance of safely removing contaminants before leaving the worksite. It's appropriate for all industries and thoroughly trains workers to protect themselves, coworkers, and the environment from exposure to hazardous substances. The program teaches:

- Why decontamination procedures are necessary
- Objectives for organizing the decontamination zone
- Step-by-step procedures to follow when decontaminating
- Proper dismantling and disposal of the zone when decontamination is complete

## Defensive Driving: Cargo Vans - CLMI (Streaming Video)

If you have employees who use step vans, autos or cargo vans on the job, it is important for you as an employer to teach them about the unique handling skills needed to safely operate these vehicles.

# Safety Training Source - Course Descriptions

## Defensive Driving: I Could See It Coming - CLMI (Streaming Video)

If you have employees who use step vans, autos or cargo vans on the job, it is important for you as an employer to teach them about the unique handling skills needed to safely operate these vehicles.

## Defensive Driving: Step Vans - CLMI (Streaming Video)

If you have employees who use step vans, autos or cargo vans on the job, it is important for you as an employer to teach them about the unique handling skills needed to safely operate these vehicles.

## Defensive Driving: Why Do We Drive the Way We Do? - CLMI (Streaming Video)

This program is designed to help you conduct a training session to ensure that employees recognize that they are professional drivers and need to operate vehicles with professional attitudes and professional defensive-driving skills.

## Disaster Readiness

*Addresses OSHA 29 CFR 1910.38*

All employees need to be aware of the proper procedures to follow in an emergency situation – be it due to fire, weather, chemical release, or any other type of incident. Featuring multiple interactions designed for high impact learning, Summit's online *Disaster Readiness* program will help your workers prepare and react correctly to any potential emergency.

- The importance of planning and preparing for emergency situations
- Variables to consider for proper preparation
- Elements of a comprehensive emergency response plan
- Best practices for a variety of emergency situations

Available in multiple languages

## Distracted Driving: Dangers of Technology

This course reviews different types of driver distractions and other hazards, including the dangers of using technology while driving, which increases the risk for an accident even if using hands-free cell phones. Topics include:

- Three types of driver distractions
- Dangers of talking or texting on a cell phone
- Safe driving tips to help drivers stay focused

## DOT/CSA: Profiled in Safety

Ensure your drivers understand the new tracking methods and their obligations for compliance with the standard. This course covers:

- Measurement
- Intervention
- Evaluation
- Impact on drivers

## DOT: Driver Logs

*Addresses FMCSA, Part 395*

Make sure your drivers understand the Hours of Service regulations and how to correctly log their hours using Summit's online training program *DOT: Driver Logs*. Topics include:

- The DOT maximum driving time limits that are placed on commercial motor vehicle drivers, and some exemptions to those laws
- How to properly keep track of your time using a logbook
- The violations of these laws that can place a driver out of duty

## DOT: Driver Qualifications

*Addresses FMCSA Parts 392, 393, and 396*

Commercial drivers must meet many compliance regulations to become and remain employed. Summit's training program covers the topics and necessary regulations including:

- Federal laws regarding investigation and qualification files
- In-depth information explaining the requirements of each file
- Federal standards for drivers including age limits, licenses, medical exams, road tests, and the ability to speak/understand English

## DOT: Driver Wellness

*Addresses FMCSA Parts 392, 393 and 396*

Ensure the health and wellbeing of your drivers isn't negatively affected by their lifestyle choices, job duties, and the ergonomic factors of driving a truck. Summit's training program covers:

- Job duties including stress, fatigue, and exposure
- Work environment and ergonomic factors
- Lifestyle hazards such as poor diet, smoking, and hypertension

## DOT: Drug & Alcohol Testing

### 2-Part Series

*Complies with DOT 49 CFR Part 40*

Prevent the consequences of drug- and alcohol-related violations and fines. Ensure your employees and supervisors understand the importance of drug- and alcohol-free employees for safety on the road, as well as the rights to requirements for testing for both employees and supervisors. This course covers:

### DOT: Drug & Alcohol Testing – Employee

- General awareness
- The testing process
- Test results
- The effects of drug and alcohol

### DOT: Drug & Alcohol Testing – Supervisor

- Introduction to reasonable suspicion
- Signs and symptoms of substance abuse
- Constructive confrontation
- The testing process
- Test results

## DOT: Pre & Post Trip Inspection

*Addresses FMCSA Part 396*

A commercial rig – with its tremendous power and weight – can be a dangerous piece of machinery. To ensure that you arrive at your destination safely, it's important to begin by making sure that the truck you will be driving is mechanically sound from one end to the other. This course covers:

- Vehicle overview
- Checking the signal lights
- Checking the engine compartment
- Conducting a walk around
- Inspecting inside the cab
- Checking brake system inspection

## Driver Awareness: 15-Passenger Van Safety

With over 11 interactions in multiple lessons, this attention-getting program will help keep your drivers and their passengers safe while on the road. While this training program focuses on 15-passenger vans, the safety information also applies to 12-passenger vans. Summit's *Driver Awareness:*

*15-Passenger Van Safety* covers:

- Techniques for driving a 15-passenger van
- Safety steps to take before beginning any trip with a 15-passenger van
- Driver safety

# Safety Training Source - Course Descriptions

## Drug Testing Awareness

Summit's timely online program covers important topics such as testing and the ill effects of drugs and alcohol on an employee's working ability. Employees who understand the consequences are more likely to resist using. Topics include:

- When testing needs to occur, including pre-employment, random, post-accident, reasonable suspicion, return to duty, and follow-up testing
- Why testing for alcohol and other drugs is required for transportation workers
- Importance of maintaining a drug- and alcohol-free workplace

## Effective Safety Committees - CLMI (Streaming Video)

Keeping your employees safe and free of injury should always be a top priority, but you may often feel overwhelmed with the number of safety issues that need to be addressed. Your first response is to form a Safety Committee. But how do you keep this team on track and effective?

This video is an effective tool in training members of your safety committee. It will help members understand their roles and responsibilities in the safety process and how each member can make a valuable contribution.

## Electrical Safety

Addresses OSHA 29 CFR 1910.331-1910.355

Summit's engaging, web-based program teaches your workers basic safety practices for working with or around electricity, so that they can be grounded in safety. Prevent electrical accidents and fatalities from occurring at your site with Summit's comprehensive, online program on *Electrical Safety*. The program covers:

- Lockout & tagout procedures
- Exposed live parts and nominal voltage
- Approach distances for qualified employees

Available in Construction format

Available in multiple languages

## Electrical Safety Part 2 – Construction

Learn about general install requirements, hazardous locations, safe work practices and general use for equipment. Also discussed is working safely with flexible cords and cables.

Available in multiple languages

## Electrical Safety: Shock Proof – 2 Part Series

Addresses OSHA 29 CFR 1910.147 and NFPA 70E Part III 5.4.1

Summit's online program features a variety of interactions and workplace settings, making it relevant to all types of workers. This program differs from other electrical safety programs available because it covers a wide variety of important topics and addresses not only with OSHA standards, but also NFPA guidelines.

### Part 1 – Unqualified Employees

- Why electricity is hazardous
- How to recognize common electrical hazards
- How to prevent electrical accidents and injuries

### Part 2 – Qualified Employees

- How to recognize electrical hazards
- Safety practices to reduce the risk
- Best safety practices when working on energized parts

## Electrical Safety: What Everyone Should Know - CLMI (Streaming Video)

A lot of safety training is directed at electricians and other qualified workers. But what about the rest of us? Electricity is something that we use everyday and sometimes ignore its hazards. This program will present information on how electricity works, what it can do to the human body and how to use electricity safely. This information is presented at a level for everyone who works with electrically powered tools, equipment and appliances and presents what everyone should know to stay safe.

## Elements of an Ergonomics Program - CLMI (Streaming Video)

This program contains 2 modules designed to provide employees an understanding of the importance of ergonomic awareness and how to implement an effective ergonomic plan in your company.

## Elements of Back Care - CLMI (Streaming Video)

Help your employees avoid becoming another statistic with our back injury prevention program: Elements of Back Care. This program provides specific information about proper back care and injury prevention. The program also provides examples of realistic situations to teach employees healthy body mechanics and movement.

## Emergency Preparedness - CLMI (Streaming Video)

While they may be rare, fires, severe weather, chemical spills or exposures, severe injuries, medical emergencies, workplace violence and other emergency situations often occur without warning.

Employees have the responsibility to be prepared and know how to respond should such an emergency occur at their workplace. Knowing the proper procedures to follow during an emergency could mean the difference between life and death. The purpose of this program is to familiarize viewers with basic emergency response practices that will help them be prepared for and respond to a crisis or an emergency.

## Employee Safety Orientation

Training online with *Employee Safety Orientation* will help you eliminate incidents and accidents in your workplace. Specific topics include:

- Common workplace hazards
- Identifying signs and placards
- Lockout/tagout: what it is and why it's used
- MSDS information
- Importance of good housekeeping
- Responsibilities of employee and employer

## Employee Safety Orientation - CLMI (Streaming Video)

This video provides a good introduction for new employees to a wide variety of safety topics. Viewers will learn about personal protective equipment, hazard communication, bloodborne pathogens and good housekeeping.

## Energized Electrical Work Permit

Addresses OSHA 29 CFR 1910.147 and NFPA 70E Part III 5.4.1

Summit's web-based *Energized Electrical Work Permit* training program makes it easy to effectively and consistently teach qualified workers the necessary skills and how to properly assess and plan for the job ahead, including obtaining the permit, PPE for the job, and warning labels and signs.

- Preparing for work
- Additional NFPA 70E requirements
- What is an energized electrical work permit
- Procedures for completing the energized electrical work permit

# Safety Training Source - Course Descriptions

## Environmental Awareness

Based on the Clean Air Act, Storm Water, RCRA, Clean Water Act, and SARA Title III

Illustrations of activities where employees may inadvertently violate regulations are shown to create an awareness and respect of the results of their actions. Ideal for all employees, *Environmental Awareness* includes:

- Hazardous material handling
- Material storage
- Waste minimization, disposal, and recycling
  - Engineering controls
- Housekeeping practices

Available in Spanish

## Ergonomic Management Series – 4 Part Series

Addresses OSHA Ergonomic Guidelines

This four-part series helps reduce the number of ergonomic-related injuries at your facility. This series includes:

- Ergonomics Overview
- Qualitative Analysis
- Job Hazard Analysis
- Administrative Controls

## Ergonomics for the Mobile Worker - CLMI (Streaming Video)

When we work in a typical office, we have the advantage of ergonomically adjustable office equipment and furniture. But when we rely on laptops, tablets and smartphones in settings that range from coffee shops to hotel rooms to our kitchen table, we need to be aware of what we can do to create our own comfortable work environment.

This program discusses posture and how it impacts the proper use of mobile office equipment, the special challenges it presents and the importance of positioning and moving our bodies as we work.

## Excavations, Trenching, & Shoring

Addresses OSHA 29 CFR 1926.651 – 1926.652

Cave-in prevention is the critical message of this comprehensive, web based program. Several different forms of shoring in a variety of different worksites demonstrate best safety practices to follow on the job. This online program covers:

- Overview of protective systems
- Regulatory requirement
- Best safety practices

Available in [Construction](#) format

Available in Spanish

## Eye Protection - CLMI (Streaming Video)

There are many situations that can be potentially harmful to our eyes. Fortunately, it is a hazard that can easily be eliminated by wearing the proper type of eye protection. This training program will teach your employees how to protect their eyes from debilitating injury. They will learn what types of situations present danger to their eyes and the proper eye protection to use in each situation.

## Eye Safety

Addresses OSHA 29 CFR 1910.132

Your workers will develop a respect for eye protection and understand the life-long consequences from not using adequate eye protection.

The program presents:

- Anatomy of the eye
- Hazard recognition
- First aid procedures
- Five most common eye hazards
- Selection, use, and care of eye protection
- Dangers of UV and infrared light

## Eye Safety: Focused On Protection

Helps prevent eye injuries by teaching that being proactive, having proper selection and use of eye and face protection, and using safety eyewear every time it's needed can preserve worker eyesight for a lifetime. This program covers:

- Workplace hazards
- Protective eyewear
- Best work practices

## Fall Protection

Addresses OSHA 29 CFR 1926.502 and 1910.66

Summit's award-winning, proven *Fall Protection* content is available in the online training format to teach your employees about the importance of fall protection and measures they can take to reduce their exposure to fall hazards. Key concepts include:

- The effects of falls in the workplace
- Identifying and preventing various types of fall hazards
- The components of a personal fall arrest system and how they work together
- Steps for properly inspecting, caring for, and maintaining your fall arrest system

Available in [Construction](#) format

Available in multiple languages

## Fall Protection Part 2 Construction

Learn about your requirements as an employer, fall prevention methods, components of a fall arrest system and the dangers of falling objects.

Available in multiple languages

## Fire Extinguishers: Ready to Respond - CLMI (Streaming Video)

Since fire is one of the most common hazards in the workplace, it is important for your employees to know how to properly use a fire extinguisher if a fire should break out. This program will teach your employees how to calmly and effectively deal with fires and correctly use a fire extinguisher.

You Will Learn:

- What Causes a Fire
- The Five Classes of Fires
- Fire Prevention Methods
- Types of Fire Extinguishers including Type "K"
- How to Select the Appropriate Fire Extinguisher
- How to Correctly Use a Fire Extinguisher
- Situations When Not to Fight a Fire
- Fire Extinguisher Inspection

## Fire Protection & Prevention V2

This is an updated version of Fire Safety. Every year in the United States there are up to 80,000 workplace fires causing \$2 billion annually in workplace damages and injuring an estimated 5,000 workers, 200 of which are fatal. Keep you and your workers out of these statistics by utilizing Summit's online training program, *Fire Protection & Prevention*.

This program covers:

- Common causes of workplace fires
- Recognizing fire hazards
- How to choose and use various types of fire extinguishers
- Fire prevention best safety practices
- First responder awareness level

# Safety Training Source - Course Descriptions

## First Aid Awareness

*First Aid Awareness* is a new awareness-only course for those who wish to be prepared for typical workplace and community medical emergencies. In this overview course, participants will learn how to respond to and manage an incident until the arrival of emergency personnel, and includes the following topics:

- Personal safety when responding to an incident
- Primary and secondary assessment
- Recovery position and maintaining an airway
- Bleeding
- Choking
- Shock
- Compression-only CPR

Available in multiple languages

## First Responder (Awareness Level) Training Program

The goal of this program is to educate your first responders to successfully bring a spill under control and reduce the potential risk to people and the environment. This course covers:

- An overview of chemical labeling and chemical hazards
- Proper handling of hazardous waste
- Proper procedures for hazardous substance release

## Flammable Liquids: Know Your Risk

Complies with 29 CFR 1910.106

Teaches how to properly handle flammable liquids in order to stay safe and how to avoid accidents in a range of workplaces. This program covers:

- Flammable liquids
- Ignition source
- Flammable vapors
- Best work practices

## Food Allergens Preventing Cross-Contamination

When food allergens aren't properly identified and controlled it can be a life or death situation, and also make your organization vulnerable to expensive fines and penalties. Teach food manufacturing workers the important steps to take in order to ensure the products made in your facility remain safe for all consumers. This course covers:

- Introduction to various food allergens
- Food allergen identification and assessment in your facility
- Control programs

## Food Manufacturing: Contamination

Even in some of the most well-developed food safety programs, contamination outbreaks can occur. Summit's interactive, online course on contamination of food will teach:

- Why food safety is important
- Some common foodborne illnesses
- Methods of contamination

## Food Manufacturing: Microbiology for Dairy

Educate your employees on the role of micro-organisms and the role they have in food, especially those that can cause disease in humans and animals and that may result in serious harm. Summit's interactive, online course on microbiology in food manufacturing details:

- What micro-organisms are
- Where they come from
- Why they are significant to the dairy industry

## Food Manufacturing: Quality Assurance

Improve and maintain your company's operations by bringing a systematic, disciplined approach to evaluating and assessing processes with this interactive, online course. This course reviews the importance of performing scheduled audits to ensure quality of food by covering:

- Why internal audits are performed
- Who is involved in the process
- How often internal audits must be conducted

## Food Manufacturing: Sanitation

It is estimated that 75 million cases of foodborne illnesses occur every year in the U.S., and a large majority of them are due to poor hygiene practices. This interactive, online course details how sanitation affects the safety of the consumer, the employee, and the environment by covering:

- What is sanitation
- Sanitation and its involvement with the law
- The purpose of sanitation
- Your involvement with sanitation

## Food Manufacturing: Site Security

Educate your employees on the specific guidelines created to aid the food industry in preventing the kind of turmoil seen in a major terrorist attack.

Take a close look at food plant security detailed within Summit's interactive, online course:

- Food security today
- Criteria for susceptibility
- Different avenues for attacks

## Food Manufacturing: Traceability Management

Understanding how to monitor food supplies relating to demand, sell-by dates, recall announcements, or even a product's country of origin, animal welfare, and genetic alterations is important for all food industry workers. Find these details within Summit's interactive, online program, as well as:

- What is traceability
- Why it is beneficial to the food industry
- The consequences of ineffective tracking

## Forklift Safety

Addresses OSHA 29 CFR 1910.178

Powered Industrial Trucks Summit's highly interactive web-based training course offers settings from a variety of work environments along with engaging interactions and 3-D graphics to create awareness and respect for the hazards associated with operating a forklift. Lesson topics covered include:

- Introduction to lift trucks
  - Pre-operation inspection
  - Proper load handling
  - How lift trucks work & understanding the stability triangle
  - Safe driving skills
  - Refueling & battery changing
- Available in [Construction](#) format  
Available in multiple languages

## Formaldehyde Safety

Addresses OSHA 29 CFR 29 1910.1048

Employees who work with, or are exposed to, formaldehyde need to understand the different exposure levels and the importance of utilizing engineering controls and safe work practices to ensure their safety. High end graphics and scenes from multiple jobsites teach employees how to recognize symptoms of overexposure, proper use of PPE, and the skills and techniques to safely work with formaldehyde. The program discusses:

- Health hazards and routes of entry
- PPE
- Best safety practices



# Safety Training Source - Course Descriptions

## GHS: Chemical Labeling & Classification

Addresses OSHA 29 CFR 1910.1200

Every day, potentially hazardous chemicals travel around the world. It is critical for workers to understand how to identify hazards and handle hazardous chemicals safely, regardless of the substance's origin. Ensure your workers understand the global standard for handling hazardous chemicals with this course, which covers:

- Introduction to GHS
- Classification
- GHS labels
- Safety data sheets
- Best safety practices

Available in multi-language

## GMPs: Food Production Excellence

Summit's online training course, *GMPs: Food Production Excellence* encompasses a wide variety of programs all geared toward protecting the integrity of the food produced in your workplace. This course covers:

- Introduction to GMPs
- Personal responsibility in GMPs
- Material controls
- Communicable conditions

## HACCP: Food Hazard Prevention

The *HACCP (Hazard Analysis Critical Control Point): Food Hazard Prevention* program is designed to help prevent contamination by reviewing the processes involved in food production, defining the risks that exist in those processes, and finding ways to control those risks.

This course covers:

- Introduction to HACCP
- HACCP preparation
- The HACCP program in your workplace

## Hand & Power Tools Safety: Construction

Addresses OSHA 29 CFR 1910.242

Summit's online *Hand & Power Tools Safety* training program teaches your employees important best safety practices to reduce accidents and injuries on the job. Checking and maintaining the condition of your tools, using proper guards, and general housekeeping and hazards associated with each tool and power source are covered.

This program teaches your employees:

- Controlling hazards
- Using hand tools
- Using power tools
- Available in Spanish
- Types of power tools/tool power sources

## Hand Safety

Address is OSHA 29 CFR 1910.138

This attention-getting program reminds employees that machine guards, screens, and other engineered safety devices - together with PPE and following safe work practices - can prevent hand injuries. *Hand Safety* includes information relevant for multiple facilities, including laboratories and manufacturing sites such as steel mills and automotive parts makers.

Hand Safety covers:

- The importance of machine guards
- PPE and hand protection
- Ways to prevent hand injuries

Available in Spanish.

## Handle with Care: Forklift Safety Training - CLMI (Streaming Video)

This program is designed to provide your employees with the equipment-specific training needed to comply with OSHA's powered industrial truck standard. Handle with Care: Forklift Safety Training will educate your employees on the most common type of equipment - the sit down, counter balanced forklift.

## Hazard Communication: Erase the Mystery

Complies with Addresses OSHA 29 CFR 1910.1200

Ensure you and your workers know how to properly identify and label hazardous chemicals with Summit's online training program, *Hazard Communication: Erase the Mystery*. With the adoption of GHS into the United States' procedures for hazardous communication, it is essential to train workers on the updated system of labeling and classification.

This course covers:

- Container labels
- SDS (safety data sheets)
- Hazardous chemicals in the workplace

Available in multiple languages

## Hazard Communication: Your Key to Chemical Safety - CLMI (Streaming Video)

Despite years of training on Hazard Communication, employees often ignore the hazards of chemicals in the workplace. CLMI's new video program takes a fresh approach to this topic and gives practical information on the use of chemicals to answer the following six questions:

- What am I working with?
- Can it hurt me?
- How do I protect myself?
- What do I do if something goes wrong?
- Do I understand the new GHS label elements
- Can I identify the new GHS pictograms

## Hazard Recognition

Addresses OSHA 29 CFR 1910.1200

Hazard recognition is a proactive approach to incident prevention and a practice that all workers at your organization should be familiar with.

Summit's online *Hazard Recognition* program uses video and interactivity to convey the importance of recognizing hazards in the workplace. It also thoroughly examines the proper best safety practices to reduce potential harm and prevent costly accidents and injuries from occurring. Summit's motivating online course features:

- What is hazard recognition
- Identifying potential hazards
- Inspecting your work area
- Reporting hazards

## Hazardous Materials Transportation (HMT) – 7 Part Series

Addresses DOT 49 CFR 178 and 179; also references 172.302

Use Summit's online *HMT: Bulk Transport* program to effectively train your workers on important DOT regulations and best safety practices for bulk material handling. In 3 lessons, 5 interactions, Flash animation, and video, this program covers:

- What is bulk packaging
- Loading/Unloading bulk packaging
- Transporting bulk packaging

# Safety Training Source - Course Descriptions

## Hazardous Waste

Training with this media-rich program on correct hazardous waste disposal isn't just the right thing to do; it will help protect your company from high fines and costly clean-up and disposal costs. This comprehensive program covers:

- Basics of labels and shipping
- Hazardous waste containers
- Accumulation process
- What to do in case of a spill
- Difference between hazardous and non-hazardous waste

## HAZWOPER

*Addresses Hazardous Waste & Emergency Response OSHA 29 CFR1910.120*

Summit's web-based training program can be part of your 8-hour, 24-hour, or 40-hour training curriculum. This program trains your employees on the procedures outlined in the Hazardous Waste Operations Regulation, including best practices for spill containment, clean-up, and decontamination. Topics also covered include how to prevent spills, including proper storage, and handling and inspection of containers.

Available in [Construction](#) format

## Hearing Safety

*Addresses OSHA 29 CFR 1910.95*

Summit's online *Hearing Safety* program features educational visuals, high end graphics, video, audio, and carefully crafted interactions to train your workers to recognize when hearing protection is needed, and the symptoms

of overexposure. Topics covered include:

- How the ear works
  - The correct use of hearing
  - Best safety practices
  - Why hearing is permanently affected by exposure to loud noises
- Protection

Available in [Construction](#) format

Available in Spanish

## Heat Stress

With Summit's Heat Stress program, workers will learn about heat stress and the importance of taking proactive measures to prevent its occurrence. Summit's online Heat Stress program covers:

- What is heat stress
- Your body and heat
- Health hazards
- Preventative measures

Available in Spanish

## Hexavalent Chromium

Wake up your employees to the dangers of this silent killer with Summit's online *Hexavalent Chromium* training course. This program addresses:

- What is hexavalent chromium
- Air monitoring and medicals
- Respiratory protection & PPE
- Safe work practices

## Hoists & Slings

*Addresses OSHA 29 CFR 1910.179*

Summit's dynamic Hoists & Slings program will comprehensively teach workers how to properly use and care for hoists and slings. Types of hoists featured include: hand operated; air or electric powered wire rope; electric chain operated; and vacuum powered. The program covers:

- Inspection procedures
- Load handling
- Best safety practices
- Type of hoists and slings and their proper uses
- Safe use, care, and storage
- Factors to consider when choosing a hoist or sling

Available in [Construction](#) format

Available in Spanish

## Hot Work Permit

This program educates your workers on proper procedures and safe work practices to prevent personal injury and property damage. Key training issues covered in this highly interactive, media-rich program are:

- Identifying potential hazards
  - PPE
  - Permit procedures
  - Best safety practices
- Available in [Construction](#) format
- Available in Spanish

## Housekeeping – CLMI (Streaming Video)

The importance of keeping your facility neat and clean is often overlooked. This award-winning program reinforces the importance of proper housekeeping methods and illustrates the multiple benefits of keeping your work site in order – from increasing safety, to improving your image, to better utilizing your space.

## Hydrogen Sulfide Safety

Summit's online *Hydrogen Sulfide Safety* features numerous interactions that reinforce key learning points, and provides a comprehensive guide to working safely with H2S in its gas and liquid forms. Topics covered include:

- What is hydrogen sulfide
- Permissible exposure levels to H2S
- Emergency response procedures
- Available in multiple languages
- PPE for working with or around H2S

## Incident Investigation

This dynamic, media-rich training program is set in a variety of work settings, ideal for all employers. This proactive training program focuses on:

- Purpose of incident investigation
- Analyzing information
- Gathering information
- Recommending corrective actions
- Interviewing witnesses

## Industrial Ergonomics

Summit's *Industrial Ergonomics* training course teaches your workers how to recognize ergonomic hazards and prevent injuries. The course teaches what musculoskeletal disorders are, how to reduce exposure, and how to recognize risk factors and prevent injury:

- Factors that cause MSDs
- Proper job function and design
- Definition of musculoskeletal disorders and injuries

Available in multiple languages.

# Safety Training Source - Course Descriptions

## Introduction to OSHA

Summit's *Introduction to OSHA* online course teaches your workers what they need to know about the important OSH Act and how it affects them as employees. This online program covers the OSH Act, how standards are developed, the General Duty Clause, the employer's responsibilities and employee rights, recordkeeping and inspections. Introduction to OSHA covers:

- OSH Act & OSHA
- Citations & penalties
- Inspections
- Record keeping & reporting
- Available in [Construction](#) format
- Available in Spanish

## It's Good Business: A Supervisors Guide to Defensive Driving - CLMI (Streaming Video)

This program is designed to help you conduct a training session that will improve supervisors' effectiveness in monitoring employees' driving. Specifically, supervisors will learn skills for observing driving behaviors and correcting unsafe driving practices.

## Job Safety Analysis

This effective and proactive program will educate your workers on all aspects of incident prevention. The program delivers a step-by-step formula to success. Your workers will learn:

- The purpose and benefits of JSA
- The criteria for selecting job functions to analyze
- How to define basic job steps
- Identifying potential hazards
- Developing approaches that will eliminate or control the hazards
- Recommended procedures and control measures

Available in multiple languages

## Lab Safety

Addresses OSHA 29 CFR 1910.1450

Teach your employees how to work safely in a variety of lab situations and settings with Summit's web-based, Lab Safety training program. Key training topics for Lab Safety include:

- Best safety practices
- Correct use of PPE
- Potential exposure to hazardous chemicals
- Engineering controls, including ventilation

Available in Spanish

## Ladder Safety

Addresses OSHA 29 CFR 1910.25, 1910.26, and 1910.29

This interactive program features vital information on different types of ladders in a variety of work settings. The program is designed to ensure your workers relate to the important safety message this program delivers. In

*Ladder Safety*, your workers will learn:

- Ladder selection guidelines
- Ladder inspection and pre-setup
- Ladder setup
- Safe work practices
- Care and maintenance

## Laser Safety

Summit's online *Laser Safety* program dispels the myths about lasers and teaches employees how to safely operate and work with all types of lasers. In *Laser Safety* workers will learn how to safely work with industrial lasers, including:

- Types of lasers and their classifications
- Potential hazards when working with lasers
- Engineering controls and safe work practices

## Lead Safety

Addresses OSHA 29 CFR 1910.1025 and 29 CFR 1926.62

Featuring information relevant to multiple industrial and construction locations, this dynamic program motivates workers to follow best safety practices that reduce the concentration of airborne particles and eliminate the potential for overexposure. After completing this program, your workers will understand:

- How lead enters the body
  - Effects of overexposure
  - Preventative measures and safe work practices
  - Requirements for regulating an area
  - Why and how preventive measures/controls are used
- Available in [Construction](#) format

## Leadership Skills for Safety

An effective behavior-based training program, *Leadership Skills for Safety* provides ways for supervisors to encourage positive worker attitudes toward safety. The course demonstrates:

- Safety-oriented behavior techniques
- Hazard recognition
- Accident investigation
- Job safety analysis
- Systematic approaches for correcting unsafe acts and conditions
- Interpersonal communication skills
- Positive reinforcement follow-up theory

## Lockout/Tagout

Addresses OSHA 29 CFR 1910.147

This excellent and engaging program grabs attention and keeps employees focused to ensure knowledge transfer to each employee. Organized in multiple interactive lessons, your workers will learn about the following:

- Importance of lockout/tagout
  - Overview of lockout/tagout procedures
  - Responsibilities of affected personnel
  - De-energizing and restoring equipment to service
- Available in multiple languages

## Lockout/Tagout: Affected Employees - CLMI (Streaming Video)

One of our best selling programs has been updated with exciting new videos for both Authorized and Affected workers. This program presents information to those employees who are not directly working with the lockout/tagout process.

YOUR AFFECTED EMPLOYEES WILL LEARN:

- Lockout/Tagout Definitions
- Situations that Require Lockout/Tagout Procedures
- How to Recognize the Various Types of Lockout Devices
- An Overview of Safe Lockout/Tagout Procedures
- Their role in the Lockout/Tagout Process

## Lockout/Tagout: Authorized Employees - CLMI (Streaming Video)

One of our best selling programs has been updated with exciting new videos for both Authorized and Affected workers. The program is easy-to-follow and includes a clear outline of each step in the lockout/tagout procedure.

You Will Learn:

- Lockout/Tagout Definitions
- The Most Common Forms of Energy Sources
- Situations that Require Lockout/Tagout Procedures
- The Various Types of Lockout Devices
- Proper Lockout/Tagout Procedures
- Safe Startup Procedures



# Safety Training Source - Course Descriptions

## Machine Safeguarding - CLMI (Streaming Video)

Using clear examples, this program illustrates how to identify and correct the hazardous areas in your workplace. Machine safeguarding is a simple concept that, when put to effective use, can prevent numerous accidents and save multiple dollars. This program illustrates the importance of machine safeguarding and outlines the steps you need to take to implement an effective safeguarding system.

You Will Learn:

- The Types of Hazards and How to Control Them
- Effective Safeguarding Methods
- Types of Guards and Devices
- Location/Distance Safeguarding
- Feeding and Ejecting Safeguarding

## Marine Security 3.5

Summit's online training program, *Marine Facilities Security*, comprehensively covers the MTSA regulation and explains how it affects employees working in marine facilities. This program includes:

- What is the MTSA Act
- Potential security risks found in marine facilities
- The employee's role in maintaining marine security

## Materials Handling: Construction

Teach your workers to properly handle materials, manually or using forklifts, hoists, or rigging. Materials Handling teaches your employees:

- Hazard awareness
- Manual materials handling
- Storing, stacking, & disposal
- Materials handling equipment
- Rigging equipment

Available in multi-languages

## Muscle Strains & Sprains

Your employees will learn the importance of hazard recognition, body mechanics, and properly preparing the body for performing manual tasks. Best practices and proper warm-up and cool-down techniques will lead to a reduction of strains and sprains at your site. *Muscle Strains and Sprains* teaches:

- The importance of stretching and fitness to avoid strains and sprains
- Correct stretching techniques
- The importance of health and nutrition
- Best safety practices to prevent injuries

Available in Spanish

## Musculoskeletal Disorders: What You Need to Know - CLMI (Streaming Video)

This program is designed to educate you on how to implement an effective and comprehensive system for identifying and reducing the risk of MSDs in your workplace. The program emphasizes the importance of early reporting of MSDs so that employee reports of pain and discomfort can be addressed simply and inexpensively.

## Needlesticks: Avoiding Exposure (Streaming Video)

Addresses OSHA 29 CFR 1910.1030 - Needlestick Safety & Prevention Act. Trains hospital-based and other healthcare personnel on best safety practices to avoid needlestick injuries and their associated consequences, providing them with the tools to keep them safe and informed. This program covers:

- Bloodborne pathogens and exposure routes
- Exposure control plan
- PPE, work practice, and engineering controls

## NFPA 70E: Arc Flash and Arc Blast Protection

*NFPA 70E: Arc Flash and Arc Blast Protection*, covers the areas of the 2015 standard that show significant changes – New Personnel Protection Equipment (PPE) tables and the elimination of both the Hazard/Risk Category Zero (HRC 0) and the Prohibited Approach Boundary (PAB) – as well as what it takes to ensure electrical workers can do their jobs without getting hurt or killed. This program is available in online, streaming video and DVD formats, and in English and Spanish languages. This course covers:

- Electrical hazards and injuries
- De-energizing equipment
- Working "hot"

Available in Spanish

## Office Ergonomics Today

This *Office Ergonomics* program is designed to train workers on the techniques and best safety practices to prevent musculoskeletal disorders, or MSDs. *Office Ergonomics* teaches:

- What are ergonomics
- Common ergonomic risk factors
- Proper posture
- Effective ways to prevent injuries
- How to recognize and respect early warning signs

Available in multiple languages

## Office Safety

Summit's *Office Safety* program uses a good dose of humor to make its serious safety message memorable and effective. The program trains your office workers to spot potential hazards and best safety practices that will eliminate incidents from occurring, thus keeping them safe and productive.

## Off-The-Job Safety: Fun in the Sun

Ensure your employees safety on and off the job with this entertaining web-based program which covers:

- Water sport safety
- Fireworks and associated hazards
- Preventing overexertion
- The sun and its effects
- Warm-up and cool-down sessions for physical activities

## On the Level: Walking and Working Surfaces Safety

This course teaches your workers how to assess and evaluate the walking and working surfaces typically encountered at a jobsite. The course focuses on best practices and appropriate safety controls through a comprehensive review of:

- Fall Protection
- Ladder Safety
- Housekeeping in the Workplace
- Stairway Safety
- Scaffolding

## Order Picker Operator Safety - CLMI (Streaming Video)

Orderpickers are very unique industrial vehicles. Rather than having to get in and out of the machine to pick an order or take inventory, orderpickers allow the worker to operate the vehicle while riding up and down with the load. Orderpickers not only save time, they're specially designed to work in tight quarters and narrow aisles. Like any other powered industrial truck, this equipment requires skilled operators who know how to operate them safely.

## Order Picker Safety - CLMI (Streaming Video)

Designed to provide your employees with the equipment-specific training needed to comply with OSHA's powered industrial truck standard.



# Safety Training Source - Course Descriptions

## OSHA Recordkeeping

Addresses OSHA 29 CFR Part 1904

Our web-based OSHA Recordkeeping program takes a step-by-step approach, instructing your employees how to fill out all the necessary paperwork, logs, and forms. Summit's OSHA Recordkeeping will teach you how to properly record incidents and keep you in compliance, including all up-to-date requirements.

Available in multiple languages

## Overhead Crane Safety - CLMI (Streaming Video)

This program is designed to help you conduct a training session to ensure that your employees understand how to safely operate overhead cranes in your facility. By using the Instructor Guide combined with the training video, Power Point presentation and structured field session, this program will provide you with a complete training session for your employees. This program can be taught as a classroom session or as a self-study learning activity.

## PACE Behavioral Driving: Large Vehicles

Using the acronym PACE (Plan Ahead, Analyze the Surroundings, Communicate with Others, Execute Safe Driving), this behavioral driving method has been developed by Marsh USA to assist you in experiencing a more stress-free, uneventful, and safer workplace driving environment. This commercial-vehicle driver program thoroughly demonstrates:

- Elements of collisions and how to avoid them
- Ensuring road readiness
- Strategies to analyze your surroundings
- Communication to other drivers
- Executing safe driving skills

## PACE Behavioral Driving: Light Vehicles

Using the acronym PACE (Plan Ahead, Analyze the Surroundings, Communicate with Others, Execute Safe Driving), this behavioral driving method has been developed by Marsh USA to assist you in experiencing a more stress-free, uneventful, and safer workplace driving environment. This passenger-vehicle driver program thoroughly demonstrates:

- Elements of collisions and how to avoid them
- Ensuring road readiness
- Strategies to analyze your surroundings
- Communication to other drivers
- Executing safe driving skills

## Patient Lifting & Transfer (Streaming Video)

Summit's healthcare industry training program, *Patient Lifting and Transfer*, teaches workers to prevent the risks and reduce the immense stress on a body that may result in injuries. This program covers:

- Common injuries and hazards
- Lift techniques, body mechanics, and equipment

Available in Spanish

## Personal Protective Equipment

Addresses OSHA 29 CFR 1910.132

From proper footwear to eye, ear, head, and face protection, the *Personal Protective Equipment* course covers all that employees need to know about PPE - helping to reduce accidents and their associated costs and improve productivity, including:

- Understanding PPE
- Eye & hearing protection
- Gloves
- Available in Construction format
- Hard hats
- Available in Spanish
- Foot & body wear

## Personal Protective Equipment - CLMI (Streaming Video)

Personal protective equipment is a simple concept that, when put to effective use, can prevent numerous injuries to your employees. This program provides an informative overview of the various types of personal protective equipment, what types of protective equipment is appropriate in certain situations, and how to correctly use each type of equipment.

You Will Learn:

- What is Personal Protective Equipment (PPE)?
- PPE for Eye and Face Hazards
- PPE for Head Hazards
- PPE for Hand Hazards
- PPE for Foot Hazards
- How to Properly Use the Various Types of PPE
- How to Properly Maintain the Various Types of PPE

## Personal Protective Equipment: Your Final Defense - CLMI (Streaming Video)

Everyone expects their workplace to be safe and risk free. But there are hazards that sometimes can't be controlled. That's when you need to use Personal Protective Equipment or PPE. The personal part is important because PPE is specifically selected by employers to be worn by workers to protect them from the hazards of the job. Whether it is eyes, head, feet or hands, this program will educate your employees on the importance of PPE and how to select, use and maintain this important equipment.

Training Content:

- Employer and Employee Responsibilities
- Eye Protection
- Head Protection
- Foot Protection
- Hand and Skin Protection

## Pipeline Safety

*Pipeline Safety* provides a comprehensive, interactive guide to working safely around pipelines. The safety training issues are many and range from excavation safety, to PPE welding, and ergonomics. Topics covered in this web-based pipeline safety orientation program include:

- Limiting exposure to hazardous materials
- Lockout/Tagout procedures
- Working safely in confined spaces
- Proper use of PPE
- Best safety practices

## Power Press Safety

Addresses OSHA 29 CFR OSHA 1910.217

Helps improve safety among employees who work with or around a variety of power presses, including mechanical, hydraulic, pneumatic, and hydra-mechanical presses. Filmed in multiple industrial settings.

This program covers:

- Basic operations of power presses
- Importance of machine guards and engineering controls
- Safety measures for point of entry
- Best safety practices

Available in multiple languages

## Powered Pallet Jack Operator Safety - CLMI (Streaming Video)

Powered pallet jacks can be found in almost any warehouse, manufacturing facility or loading dock. They're real work-horses that are simple to operate – but can cause serious damage or injury if not used correctly. Like any other powered industrial truck, this equipment requires skilled operators who know how to operate them safely.

# Safety Training Source - Course Descriptions

## **PPE: Armed for Safety**

*Addresses OSHA 29 CFR 1910.132*

Elimination of all physical hazards is nearly impossible; that is why it is crucial to use proper personal protective equipment and training as your first line of defense. Learn how injuries can be mitigated, reduced, or avoided altogether with Summit's online program *PPE: Armed for Safety!* This program covers:

- Hazards
- PPE selection
- PPE fit

Available in multiple languages

## **Preventing Hand Injuries - CLMI (Streaming Video)**

Hand injuries on the job can happen for many different reasons and the results of those injuries can be life-changing. In less than a second hands can be cut, crushed, burned or even worse. By following good safety practices, hand injuries can be prevented. This program presents information on how hands get injured and what workers can do to prevent them including common injuries, the hazards to look out for and safe practices workers need to take to protect their hands.

## **Preventing Spills**

Summit's *Preventing Spills* will teach workers how to spot possible spill situations and eliminate them before they occur. Topics covered include:

- Identifying potential hazards
- Handling hazardous materials
- Maintenance procedures

## **Process Safety Management**

*Addresses OSHA 29 CFR 1910.119*

This online program provides an excellent overview of the 14 elements of process safety management, including the following topics:

- Hot work permits
- Operating procedures
- Process safety information
- Contractor responsibilities
- Incident investigation
- Mechanical integrity
- Process hazard analysis
- Employee participation

## **Protecting Your Back - CLMI (Streaming Video)**

We never think about what's going on inside our back until something goes wrong. And even then, once we know what's wrong, we're in a hurry to get better. Back pain doesn't just happen. It's usually the result of a lot of improper movements that add stress to your back. One movement may have triggered the pain, but it's usually been a long time coming.

## **Protecting Your Knees - CLMI (Streaming Video)**

How often do we think about our knees? Probably not much, unless they're causing you pain. If you have a physical job, our knees can take a beating if we're not paying attention to how we're using them. Our knees are important to many of the moves you make each day. And there's a lot that can be done to avoid a knee injury. This program will cover the things your employees can do to keep their knees healthy.

## **Protecting Your Shoulders - CLMI (Streaming Video)**

Shoulders get a lot of use throughout the work day. Moving materials, reaching... just about everything we do involves our shoulders. If we don't pay attention and use the right positioning, our shoulders, like any part of the body that's not used in the proper way, are vulnerable to injury. This program will cover the things your employees can do to keep their shoulders healthy.

## **Radiation Safety**

Keeping the risks and health consequences in proper perspective, this program explores how radioactive isotopes affect the body and how to prevent dangerous exposure from occurring. Use Summit's *Radiation Safety* program to educate your workers about:

- What is radiation and its potential hazards
- Sealed sources containing radioactive isotopes
- X-ray producing equipment
- Recommended maximum dosage by job function
- Using radioactive gauges
- Measuring personal exposure levels

Available in [Construction](#) format

## **RCRA: Resource Conservation Recovery Act**

Knowing what is hazardous waste at your jobsite, and handling it properly helps to maintain a safe and healthy work environment for you and your coworkers as well as the surrounding community. Teach your workers to comply with RCRA with Summit's effective and engaging online RCRA training program. Summit's exciting program covers:

- Identifying hazardous waste
- Safely handling waste
- Best safety practices
- Best management practices
- Hazardous waste regulations

## **Reach Truck Operator Safety - CLMI (Streaming Video)**

Reach trucks are common equipment on many manufacturing floors and warehouses. And when aisles are tight and the racks are tall, a reach truck is the ideal piece of equipment for efficient warehouse operations. Like any other powered industrial truck, this equipment requires skilled operators who know how to operate them safely.

This exciting new program covers the following topics:

- Introduction to Reach Trucks
- Inspection
- Battery Changing

## **Reach Truck Safety - CLMI (Streaming Video)**

Designed to provide your employees with the equipment-specific training needed to comply with OSHA's powered industrial truck standard, Reach Truck Safety will educate your employees on this commonly-used type of powered industrial truck.

You Will Learn:

- How Reach Trucks Work
- How to Correctly Perform Pre-use Inspections
- How to Safely Operate the Truck

## **Respiratory Protection: Air Purifying Respirators**

*Addresses OSHA 29 CFR 1910.134 and ANSI Z88.2-1992*

Summit offers a dynamic online training program that will effectively teach your workers about all aspects of selecting, using, and caring for air purifying respirators. Your workers are actively engaged in the training, as strategically-placed interactions are interspersed throughout the program's lessons.

- Types of air purifying respirators
- Correct use, inspection, maintenance, and storage
- Proper fit and testing of air purifying respirators

Available in Spanish

## **Respiratory Protection: Air Supplying Respirators**

*Addresses OSHA 29 CFR 1910.134 and ANSI Z88.2-1992*

Summit offers a dynamic online training program that will effectively teach your workers about all aspects of selecting, using, and caring for air supplying respirators. Your workers are actively engaged in the training, as strategically-placed interactions are interspersed throughout the program's lessons.

# Safety Training Source - Course Descriptions

## Respiratory Protection: Your Guide to Clean Breathing - CLMI (Streaming Video)

Breathing clean air is what everyone needs to do to stay safe and healthy on the job. But some jobs can expose workers to contaminants that can cause simple irritation or even a serious illness. A respirator is a piece of Personal Protective Equipment like gloves or a hard hat, but they are more complex and require specific training before use. Air purifying respirators can be an effective means to keeping harmful contamination out of worker's lungs, but need to be selected, fitted, used and maintained in a way that assures protection.

Training Content:

- Hazards in the Air
- Health Screening
- Respirator Types
- Cartridges and Filters
- Inspecting Your Respirator
- Using a Respirator
- Maintaining Your Respirator

## Rigging Safety

Addresses OSHA 29 CFR 1926.251 and 1910.184

Summit's online *Rigging Safety* program will ensure your riggers are properly trained on all aspects of their job. Captivating graphics and interactions display the importance of safety when rigging.

- Types of rigging
- Selection, care, and use of rigging

## Road Rage

This program educates your employees on the following topics:

- Effective advice to avoid getting involved with an aggressive driver
- What to do if you are the victim of aggressive driving
- The importance of avoiding aggressive driving yourself

## Safe Behavior: No Regrets

This exciting, web-based training program will motivate your workers to analyze everyday choices and actions so they can learn how to positively affect workplace safety. This program covers:

- Principles of behavior awareness
- The power of positive reinforcement
- The importance of interpersonal communication
- How to make best safety practices a part of your everyday work practices

Available in Spanish

## Safety Attitude for Safety's Sake

*Safety Attitude for Safety's Sake* is beneficial for all employees and will help you build and enhance your safety culture. This program covers:

- Importance of workplace safety
- Leadership in safety
- Taking ownership
- Hazard spotting

## Safety Awareness: Attention to Detail

This course educates employees about their responsibility for complying with all occupational safety and health standards, rules, regulations and orders that are applicable to their work environment and job tasks. The course describes the types of hazards present in every workplace and outlines the standards that are designed to reduce the number of workplace injuries, illnesses and deaths.

## Safety Orientation

This compelling and interactive training program helps develop a respect and understanding for potential hazards found on the job by explaining to your employees that best work practices and procedures are established for their safety. Support your positive safety culture by addressing a wide range of safety topics covered in *Safety Orientation*:

- Safety awareness
- Emergency situations & PPE
- Ergonomics & back safety
- Hazard communication
- Housekeeping & signs

Available in Spanish

## Safety Program Management - CLMI (Streaming Video)

Developing a safety program in your company might seem like an overwhelming task. This program transforms what can feel like an unmanageable project into a simple and clear process that anyone can adhere to. Filled with practical advice and information from experienced safety professionals, this five-part module leads you from beginning to end through the steps needed to establish, maintain, and manage an effective safety program.

## Scaffolding Safety

Addresses OSHA 29 CFR 1926 Subpart L

Summit's web-based Scaffolding Safety program is ideal for all employees who work on scaffolds, and for those who erect and dismantle them. Featuring multiple interactions that keep your workers' attention.

## Sexual Harassment – 2 Part Series

### 2-Part Series

Addresses CA sexual harassment law AB 1825

Summit's 2-part series guides students and trainers through the course material based on their own input within the course scenarios. This interactive technology makes Summit's web-based course one of the most advanced on the market.

### Part 1 – Understanding & Preventing Sexual Harassment

This program is designed for a company-wide audience including employees and managers. This program:

- Defines sexual harassment in legal and practical terms
- Demonstrates behaviors that are and are not acceptable in the workplace
- Explains the actions to take for victims of sexual harassment

### Part 2 – What Supervisors Need to Know

This program is manager-specific and demonstrates:

- How to prevent sexual harassment at your workplace
- The impact of sexual harassment in the workplace
- How to handle a sexual harassment complaint
  - What to expect during a sexual harassment investigation

## Silica Safety Awareness

Addresses OSHA 29 CFR 1910 Subpart A

Dangers with crystalline silica occur when the particles become small enough to be breathed in. This program will protect your workers from the hazards of crystalline silica in order to avoid unnecessary illness and death.

Use Silica Safety Awareness to educate your workers about:

- What is crystalline silica
- The hazards of crystalline silica
- Common exposures to crystalline silica
- Best safety practices
- What to expect in your workplace

Available in Spanish

# Safety Training Source - Course Descriptions

## Site Security: What You Need to Know

Employees who know what to look for, how to report suspicious behavior, and how to respond to a security threat are vital to maintaining a safe and secure workplace. Be proactive and teach your employees to be aware of and how to prepare for a security threat with *Summit's Site Security – What You Need to Know* training program. This program discusses:

- What are possible targets for attackers?
- Procedures used to improve security at this site
- Your role in keeping the workplace secure

## Slips, Trips, & Falls

With carefully created exercises and interactions, this online program examines the causes of common slips, trips, and falls in the workplace and looks at ways to prevent them from occurring. Our engaging, web-based program teaches workers:

- The importance of good housekeeping
- Safe ways to work around wet and uneven surfaces
- Proper ladder safety
- When fall protection is needed

Available in multiple languages

## Small Spill Clean-Up

This interactive, web-based program teaches all of your employees about various types of small spills and demonstrates a proactive approach to accurately report, secure, contain, and clean the spill. This program covers:

- Special situations and basic awareness
- Preparing for containment and cleanup

## Stairways and Ladders: Construction

Teach your workers to be aware of the hazards, proper housekeeping, and safe work practices for working with or around stairways and ladders. This Summit program covers:

- Ladder selection guidelines
- Safe work practices
- Inspection & maintenance
- Construction requirements
- Setting up a ladder

Available in Spanish

## Static Electricity

Summit's *Static Electricity* program creates an awareness and respect for the potential hazards by demonstrating common areas in the work environment where static electricity is generated. It also shows specific measures employees can take to eliminate or control the hazards through work practices and engineering controls. Topics covered include:

- What is static electricity
- Hazard recognition
- Engineering controls
- Best safety practices

## Steel Erection: Construction

*Addresses OSHA 29 CFR 1926 Subpart R*

Teaches how to increase safety on multiple steel erecting topics, such as fall protection, structural stability, walking and working surfaces, communication, and planning.

## Stormwater Management

Summit's comprehensive *Stormwater Management* program creates an awareness of the contributing causes of stormwater pollution and teaches best practices, such as equipment maintenance, proper storage, disposal, and handling of substances, and good housekeeping practices to stay in compliance and keep our environment clean. Using animated graphics, this program addresses:

- What is stormwater
- Stormwater program regulations
- The impacts of stormwater pollution
- Best management practices

## Street Smart: Driving Skills

This program drives home the importance of safe choices on the road and teaches skills and techniques that enable your employees to recognize and reduce hazards. *Street Smart: Driving Skills* covers:

- Why safe driving is important to you
- Your responsibility for safe driving
- Driving skills to reduce risk exposure

## The Globally Harmonized System (GHS): Labels and Safety Data Sheets - CLMI (Streaming Video)

The Globally Harmonized System(GHS) is an international approach to hazard communication, providing a new system for classification of chemical hazards, and a standardized approach to labels and safety data sheets. OSHA is requiring that employees are trained on the new labels(e.g., pictograms and signal words)and Safety Data Sheet format.

CLMI's exciting new "GHS Labels and Safety Data Sheets" training program will help your employees::

- Understand the new GHS label elements
- Identify the new GHS pictograms
- Read and interpret the new GHS SDS

## Transportation of Dangerous Goods

Each year, tons of hazardous materials and wastes are transported throughout Canada. Knowing how to transfer these materials safely can and will save lives. Summit's *Transportation of Dangerous Goods*, created specifically for use by companies located in or shipping items to organizations in Canada, addresses these issues:

- Purpose of the Transportation of Dangerous Goods Act
- When a material is considered hazardous
- Job functions of the regulation

## TSCA (Toxic Substances Control Act)

The *Toxic Substances Control Act* training program teaches best safety practices to prevent the accidental spill of chemicals. This program covers:

- What is TSCA
- The TSCA inventory
- Reporting & retaining information
- Recognizing & respecting toxic substances
- Best safety practices

## Tuberculosis Awareness

Tuberculosis can become a very serious concern, especially for healthcare workers and individuals with weakened immune systems. Summit's interactive online training program, *Tuberculosis Awareness*, dynamically teaches your workers on the effects and treatments involved with the disease, as well as how to avoid infection. This important program covers:

- General awareness
- Modes of transportation
- Symptoms and treatment
- Preventative measures



# Safety Training Source - Course Descriptions

## Utility Knife Safety - CLMI (Streaming Video)

The simple utility knife, often called a razor knife or box knife, is used in just about every home and workplace. These handy tools are very convenient and uncomplicated devices. Yet, they cause thousands of injuries every year ranging from simple knuckle nicks to life-changing injuries.

This program covers the safe use of utility knives including the different types of knives that are available, techniques for cutting safely and how to change blades without getting injured.

## Valve Safety

Ensure you workers understand the best safety practices when operating on or around valves to prevent strains, sprains, and incidents. This course covers:

- Recognizing different types of valves
- Identifying common valve hazards
- Step-by-step valve risk assessment
- Ergonomic issues related to valve safety
- Best safety practices for working with valves

Available in multiple languages

## Welding Safety: Construction

Addresses OSHA 29 CFR 1910. 252 and 1917.152

Summit's Welding Safety program teaches employees to recognize and respect the potential hazards and motivates them to use best safety practices to prevent property damage and injury. It covers:

- Types of welding Available in Construction
- Purpose and procedures format
- Hot work permit Available in Spanish

## What!? Protect Your Hearing - CLMI (Streaming Video)

Employees who need annual hearing conservation training often say that they've "heard it all before" and tend to tune out during training sessions. Yet, we often see workers who don't wear their hearing protection when they should or don't wear it correctly. This program takes an entertaining approach to illustrate what happens to workers who ignore the signs of hearing loss and what employees can do to protect their hearing while they still can.

You Will Learn:

- How sound affects the ear and how hearing loss occurs
- Warning signs of hearing loss
- Types of hearing protection and how to use them
- What to look for in their annual hearing tests
- Reasons to take responsibility for their own hearing protection

## WHMIS

Summit's WHMIS training program trains your workers on the key elements of Canada's national Workplace Hazardous Materials Information System (WHMIS), to ensure compliance when working with or in Canada.

- General awareness
- Chemical hazards
- Container labels
- Material safety data sheets
- Best safety practices
- Employer's policies and practices for preventing workplace violence
- Keeping you and your workplace safe
- What to do if violence does occur

## Workforce Hazard Recognition: Identify & Eliminate

Make sure your workers recognize the workplace has potential risks and teach them to identify and eliminate the risky actions and conditions that can turn into safety problems or expensive incidents.

- Why small actions matter
- Hazard recognition tools
- Maintaining awareness

## Workplace Violence: Prevent the Threat

Prevent a violent situation in your workplace with *Workplace Violence: Prevent the Threat*. Workplace violence costs industry millions of dollars a year, and even more in the toll that violence takes on employees and workplace moral. This program covers:

- What is workplace violence
- Employer's policies and practices for preventing workplace violence
- Keeping you and your workplace safe
- What to do if violence does occur

## Zika Virus: Prevent the Infection

Zika, a virus spread primarily by an infected mosquito, has been linked closely with serious brain defects in a fetus if the pregnant mother is infected. It is very important to understand prevention in order to protect yourself, your family, and your coworkers who are or may become pregnant. This program will enable you to:

- Describe the risks associated with Zika infection
- Name the ways Zika virus can be transmitted
- Describe prevention techniques to avoid Zika transmission